

Hair There

WOMEN ATTEND DAYLONG LASER HAIR REMOVAL WORKSHOP AT VASHI

In order to create awareness among women and inform them about the myths and the facts of the impact of hair removal through laser, a daylong workshop was organised at Vashi on Sunday. New Bombay Plus, in collaboration with Dr Sharad's Skinfiniti Skin and Cosmetology Clinic, had arranged a seminar on Laser Hair Removal at the clinic, located at sector 10 in Vashi recently.

Around 30 women, readers of New Bombay Plus, were the lucky winners of the bonanza offer. Four lucky participants from two different sessions in the seminar were offered free sitting through a live demo where laser therapy was used on their faces.

Dr Sharad elaborated on the various aspects, such as safety measures and imminent side effects of hair removal with United States apex



>> Workshop on laser treatment was held in Vashi, recently



>> Women discuss the various aspects of laser hair removal with Dr Jaishree Sharad

health body Food and Drugs Administration (FDA)-approved long pulse NdYag laser, with the help of a slide show. Said Dr Sharad, "After laser application, one must avoid direct exposure of sunlight to maintain the glow of the treated area."

"I had unwanted hair on my chin, and now it is gone. I am told to attend 6-8 sittings of the laser application to get the hair permanently removed from the existing root. I have gained confidence after the inaugural sitting," said 19-year-old college student Mini Vishwanath, who was the lucky winner of a free demo.

According to Dr Sharad, "Nowadays, coarse hair on face, neck, chest, arms and legs could be a major cause of embarrassment to women. On the other hand, chronic hair follicle infection or ingrowths pose a threat to men. Shaving, plucking, waxing, bleaching etc are some of the temporary remedial measures. On the onslaught of lasers, there has been a revolutionary change

in hair removal methods. However, there are a lot of myths and apprehensions attached to the stigma with lasers."

Among the participants was model Kristine Zedek, who came all the way from Andheri to attend the seminar. "I did attend Dr Jaishree's talk on quite a few occasions and every time I learn something new. She is the best in the industry for laser treatment. I have been her client for over a couple of years and the results are seen in my presentation on close-up TV screen," said Zedek.

"I was really impressed with the seminar. From next week onwards, I have decided to undergo the necessary sittings to wipe out excessive hair," said 27-year-old Shilpi Gupta.

According to 47-year-old homemaker Indira Nair from Vashi, "I was under the opinion that laser treatment hampers the skin at the catching age, which is why I did not visit the experts before coming to this seminar."



>> A woman gets laser hair removal treatment

BB Nayak VASHI

If the technologically advanced laser hair removal method is anything to go by, city-based cosmetic dermatologist Dr Jaishree Sharad, who has built up a good rapport among a host of actors from the television and film industry as her clients, is the pioneer of this sophisticated and internationally acclaimed medical treatment terminology, here.

After successfully experimenting cosmetic dermatology technique on several clients, she has stepped out to spearhead the movement of the popular laser hair removal therapy.