



New Bombay Plus catches up with Dr Jaishree Sharad, who is famous for graying the lines of age with botox treatments

Growing younger

By A Correspondent

Looking good does wonders for the inner self. Medical science now makes it possible to renew our youthful appearance and bid good-bye to wrinkles. Botox is one of the best and the most popular

wrinkle reduction treatments available today.

NBP: WHAT IS BOTOX?

JS: Botox is a natural, purified protein that relaxes wrinkles and creates a rejuvenated and

JS: Botox procedures involves a few tiny injections and can take as little as five minutes to complete.

NBP: IS THE TREATMENT PAINFUL?

JS: Very fine and small sterile needles are used to inject botox. No anesthesia is required. The pain is minimal and is often described like an ant bite sting. For those who have a low pain threshold, ice packs can be used to alleviate pain. One can resume normal activities immediately.

NBP: WHEN DO THE WRINKLES FADE?

JS: It takes four to five days for the wrinkles to fade. However, complete effect will be seen in 7 to 15 days.

NBP: HOW LONG DOES THE EFFECT LAST?

JS: Four to six months or longer. It varies from patient to patient. It may last longer with repeated treatments.



more youthful appearance.

NBP: WHERE CAN BOTOX BE USED?

JS: Botox is used widely to remove frown lines between the eyebrows, horizontal forehead wrinkles, bunny lines, neck bands, downturned corners of the lips, etc.

NBP WHAT IS THE TREATMENT LIKE?



NBP: WILL MY LINES WORSEN IF I DISCONTINUE BOTOX?

JS: No. Eventually wrinkles will return. However, the wrinkles will remain similar as it looked prior to botox treatment.

NBP: WHAT ARE THE SIDE EFFECTS?

JS: There are no long-term side effects. However, most common side effect is tenderness and bruising at the site of the injection. Some people may have a feeling of heaviness in the head for a few hours.

NBP: WHO SHOULD NOT USE BOTOX?

JS: Botox should not be given to pregnant or breastfeeding women or to patients who have a neuromuscular disorders.

NBP: IS IT SAFE?

JS: Botox is a purified protein derivative of botulinum toxin A and has been used for the last 20 years safely. It is US FDA approved. It is used for treatment of migraine. However, only trained doctors can administer it.

NBP: WILL I HAVE A PLASTIC AND EXPRESSIONLESS FACE AFTER BOTOX?

JS: No. This will happen only if many botox treatments are done.

NBP: DO I HAVE TO TAKE IT FOR THE REST OF MY LIFE?

JS: If you do not want to take a second injection after six months, it is alright.

NBP: IS BOTOX ONLY FOR OLDER AGE GROUP?

JS: According to US FDA, anybody in the age group of 18-80 years of ages can use botox.

NATURE'S CURE



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CONTEST 41



Amitha Shah, Nerul

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